



Hiking in the
Canadian Rockies



Town of Banff from Sulphur Mountain peak



By the Bow River in Banff, after a pancake breakfast



Spray River bicycle bridge (after a nap in the sun)



Borgeau Lake



Pesky screbbie (aka golden-mantled ground squirrel)



Mark ruling over Borgeau Lake



The famous Lake Louise



Canoeing on Lake Louise





Tea with a view at Chateau Lake Louise



Moraine Lake and the Ten Peaks



Three hour hike, 1500 ft gain, and . . . tea and biscuits

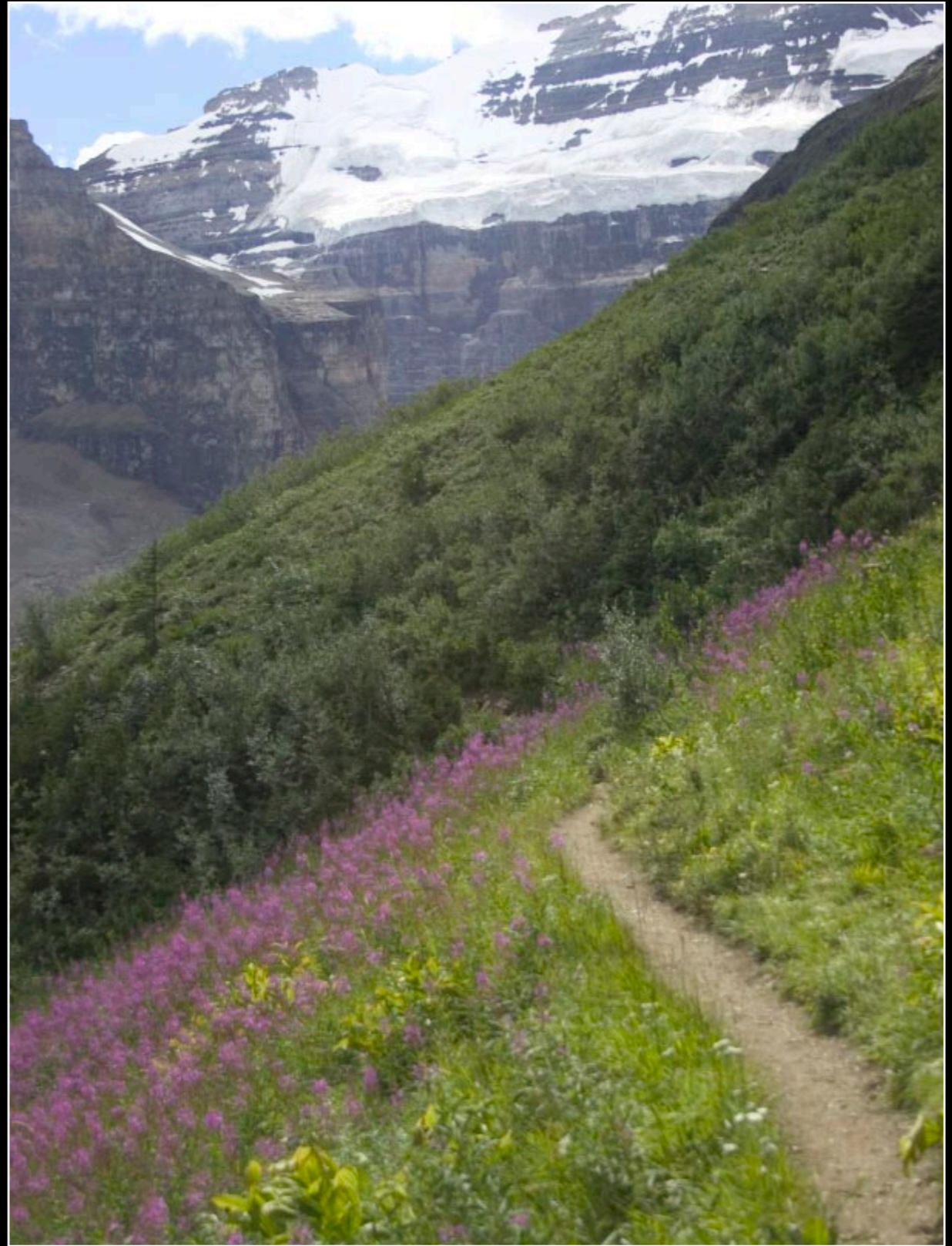


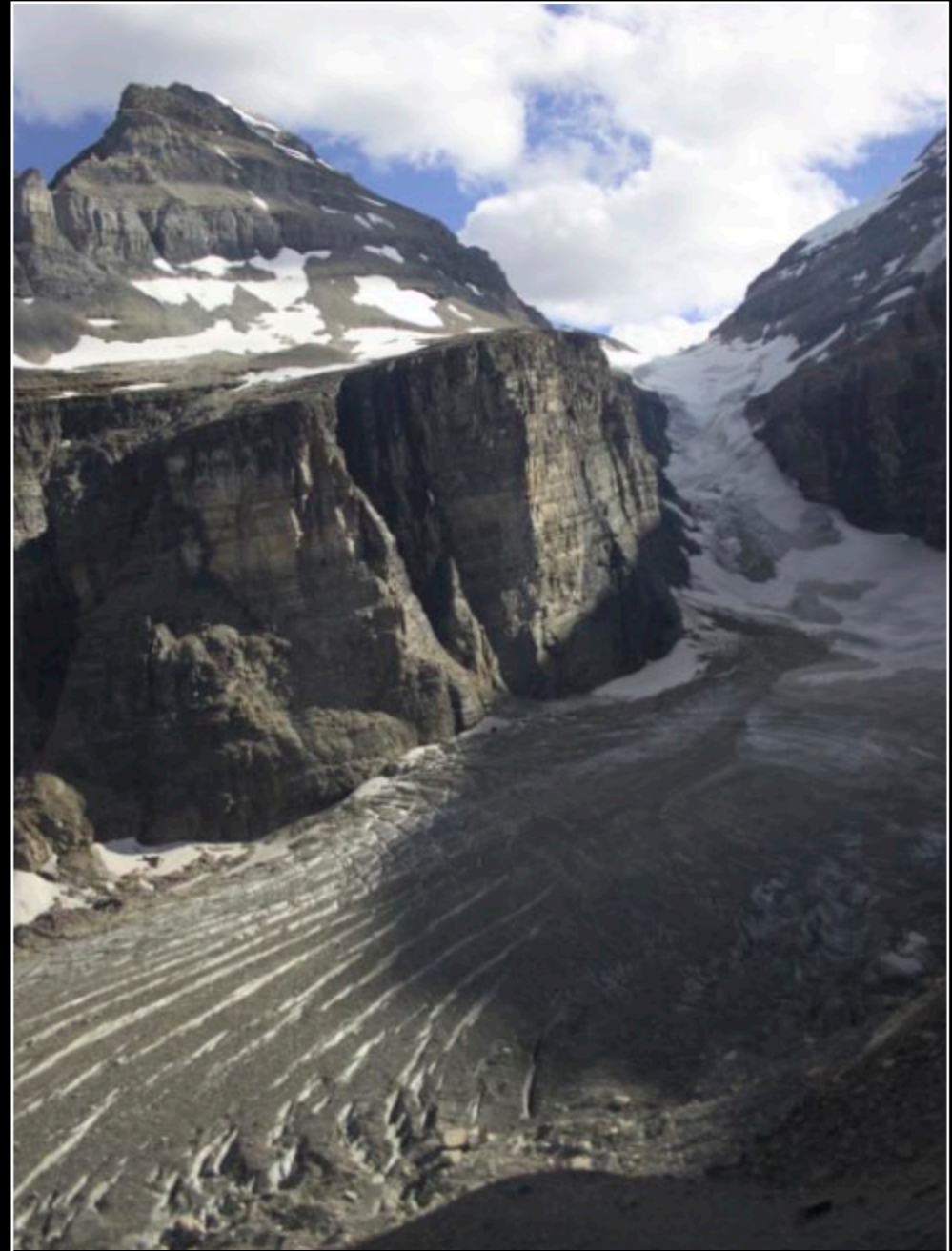
Lake Louise from the Big Beehive (7600+ ft)



Screebie (.25 ft)

Trail to the Plain of Six Glaciers





Abbott Pass and the "Death Trap"



Lake Louise campground takes precautions



Breakfast s'mores



On the trail to Helen Lake



Helen Lake



Cirque Ridge (7200 ft)



Hoary marmot



Indian paintbrush





Alpine forget-me-not



Alpine fireweed



Common cinquefoil

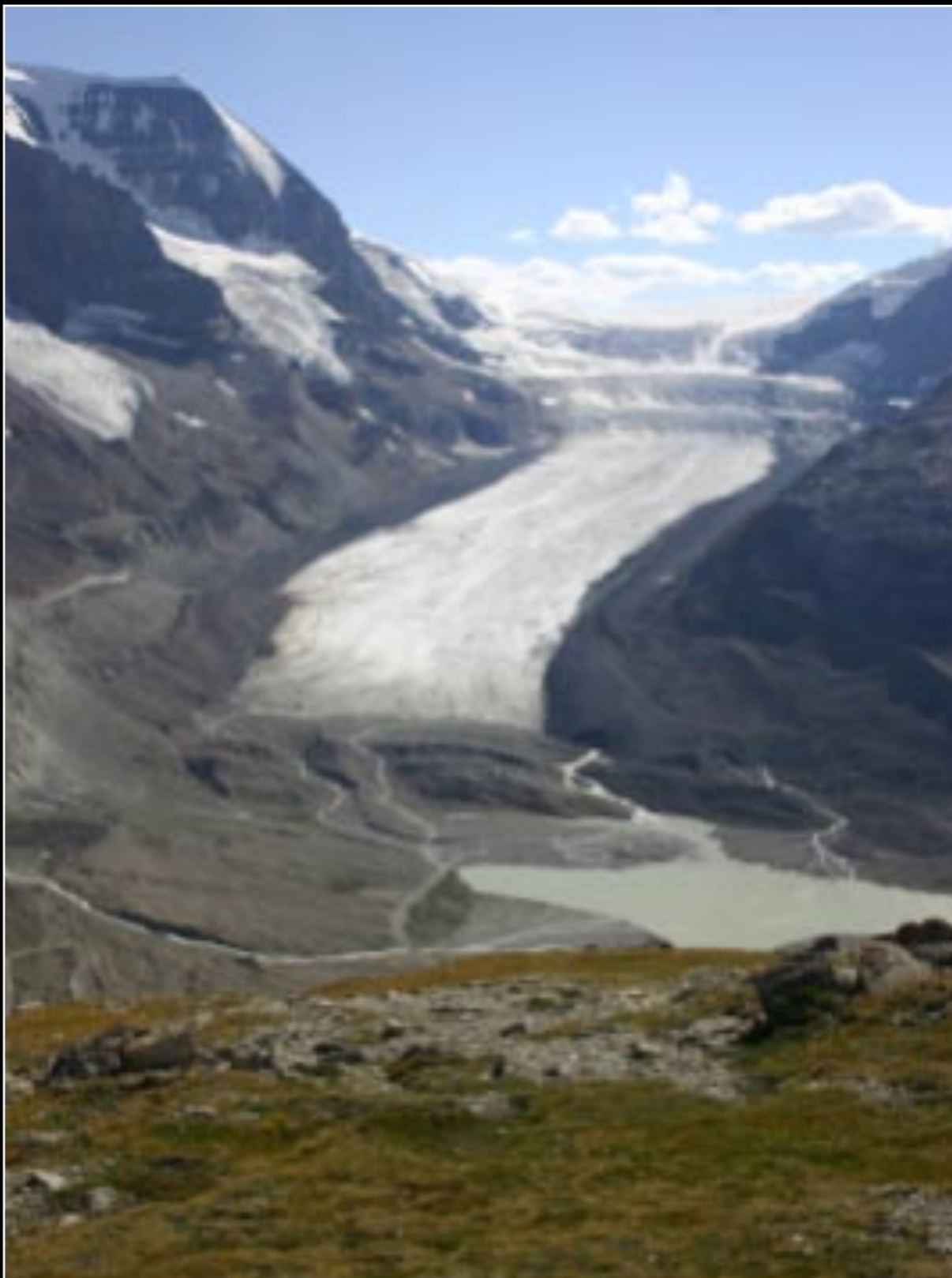


Common harebell



Athabasca Glacier (Jasper)





View from Wilcox Pass



Recharging



Bighorn sheep



Quartz Ridge at Sunshine Meadows



Scrambling up Quartz "Hill"



On Quartz Hill, with view of Mt. Assiniboine

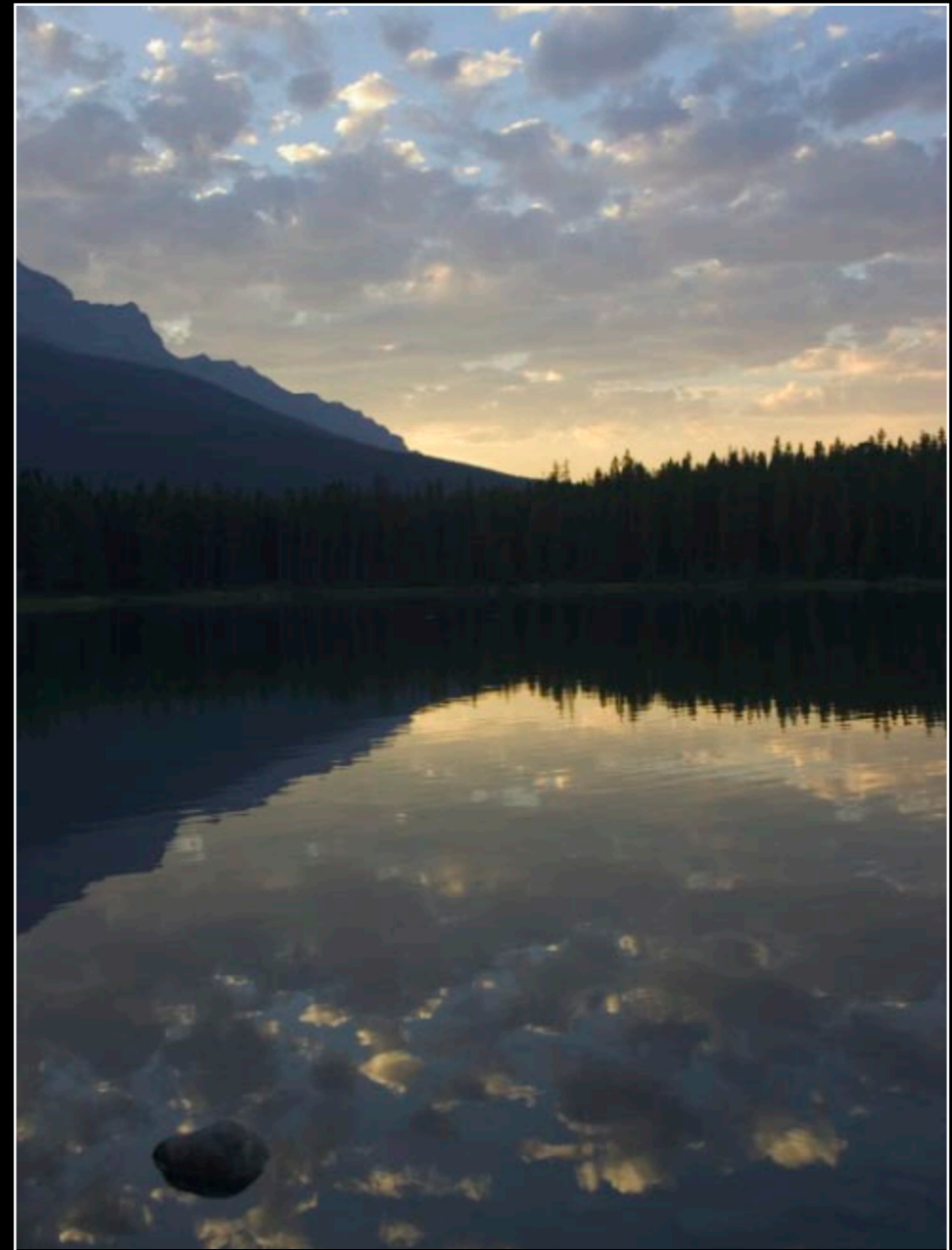


Marmots like peanut butter





Camping at Two Jack Lake





Trail to Stanley Glacier



Cooling off





What happens when you live out of a Hyundai Accent for 2 weeks



Takakkaw Falls (and raven)



On the Iceline Trail (Yoho)





View of Yoho Valley from Iceline Peak

